

2025 NEW SHERWOOD POOL AND TENNIS CLUB RULES
4600/4690 Fernmarch Drive

All persons using the pool do so at their own risk and the New Sherwood Pool and Tennis Association (NSPTA) assumes no responsibility for injury or damage resulting from such use. The responsibility of parents and/or adult members who accompany children to the pool continues while the children are in or near the pool or on Association property. The following rules and regulations are for the protection and benefit of all users of the pool facilities and are designed to assure safe and sanitary operation of your pool. Members are expected to see to it that their children understand and observe all rules and obey all instructions of the lifeguards and other pool attendants. Repeated failure to comply with these rules shall be considered sufficient cause for suspension of privileges and forfeiture of membership fees.

ALL users of the New Sherwood Pool and Tennis Club are required to sign the Waiver form before use of the facilities will be granted.

1. Membership

A. Association Memberships: The Sherwood Association includes residents who reside in the following areas: Lytchfield, The Villas, Sherwood Hills, Hills IV, Hills V, Camelot, Shelburne Village, and the Single-Family Home section. Membership to the New Sherwood Pool and Tennis Club is available at any time to these residents who are current dues paying members. "Association" rates apply. For membership rates, refer to 2025 NSPT Fee Schedule.

B. Neighborhood Membership: Members who reside in the area bounded by Muddy Creek to the west, North Peace Haven Road to the east, Mountain View Road to the south, and Millhaven Road to the north are given the designation of Neighborhood and will be given priority for renewing applications for the new swim season. Neighborhood members who fail to renew before the Affiliate applications are released in April may lose their space when membership becomes first come first serve. "Neighborhood" rates apply. For membership rates, refer to 2025 NSPT Fee Schedule.

Associate or Affiliate members in 2024 are included in the Neighborhood Membership category for 2025 and going forward as long as membership is maintained year-to-year.

C. Affiliate Membership: Available as space permits to anyone who has never been a member at New Sherwood Pool and Tennis or has let their membership lapse one year or more. Anyone that resides in the surrounding area(s) as designated by the Pool Committee and approved by the board can apply. Affiliate applications will be released in April at a date to be determined each year and all applications are first come first serve. "Affiliate" rates apply. For membership rates, refer to 2025 NSPT Fee Schedule.

D. Caregiver Membership: Caregivers may be added to a family membership for a Caregiver Fee, this fee will cover up to two (2) designated caregivers. Caregiver is defined as someone who is aiding in childcare or providing childcare and does not live in the household. For membership rates, refer to 2025 NSPT Fee Schedule.

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E. Limited Guest Status: Residents of the membership area are encouraged to join the pool and therefore, will be limited to attend as guests of a member for a maximum of twelve (12) visits per season. **NO GUESTS OR BABYSITERS (NOT DESIGNATED AS “CAREGIVERS”) WILL BE PERMITTED IF THE POOL IS OPERATING UNDER COVID RESTRICTIONS.** For membership rates, refer to 2025 NSPT Fee Schedule.

F. Association Member Temporary Pass: Sherwood Association members only may obtain a Temporary Pass by contacting the Pool Committee. Members are required to sign a waiver and adhere to all Pool Rules. Instructions on issuance and use of the pass will be communicated to the Member. These passes are available on a per week or per day basis. Pass may also be obtained for use of non-pool amenities during off season. **NO GUESTS OR CAREGIVERS WILL BE PERMITTED IF THE POOL IS OPERATING UNDER COVID RESTRICTIONS.** For membership rates, refer to 2025 NSPT Fee Schedule.

G. Tennis/Pickleball Only Membership: Available to those residents, eligible to join, for an annual fee. Privileges include access to court side activities only. No pool access or activities are allowed. No rate discounts apply. For membership rates, refer to 2025 NSPT Fee Schedule.

H. Adult Swimming Membership: Available to those adults (age 21 and over), eligible to join the pool. Privileges include:

- 1) access to the pool for lap swimming only between the hours of 6am and 8am, daily (swim at your own risk – no lifeguard on duty) and/or
- 2) access to the pool for water aerobics as offered throughout the season.

Additionally, Adult Members can add their minor children to their membership for swim team only (Additional fees apply) or Tennis/Pickleball. This allows minor children an opportunity to swim for the New Sherwood Stingrays for the 2025 season. Minor children are allowed to participate in all swim team sanctioned functions (practice, meets, and parties).

Minor children must leave the pool immediately after swim practice/events ends.

No pool access or activities are allowed for any member under this membership during normal operating hours unless accompanied by a full member as a paying guest or as a part of a swim team sanctioned function.

If including minor children to access only the playground and Tennis/Pickleball courts, please review the Tennis/Pickleball membership and rules. Non-adherence to above rules will result in the loss of privileges and forfeiture of your deposit. For membership rates, refer to 2025 NSPT Fee Schedule.

I. Lifeguard Membership: Lifeguards are permitted access to the pool when off duty, but cannot bring guests (ex: in town, out of town, friends or family) unless this lifeguard is also a member of the pool, and then Guest Fees apply. No lifeguards are permitted to bring guests to the pool when on duty.

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J. Family Membership: Family Membership includes household members including children and step-children under the age of 23. Children over the age of 22, grandparents, in-laws, ex-spouses, and other related and non-related persons are not included in the Membership. However, such excluded children over the age of 22 may be added for an additional fee. The same rationale applies to a Couple Membership for children/step-children over the age of 22. It does not apply to other categories. Exclusions include children with adult children with special needs. For membership rates, refer to 2025 NSPT Fee Schedule.

K. Couple Membership: Couples can include two partners, spouses, one adult member and a child/step-child/grandchild, etc., age 22 and under. Couples with a single child under three may apply for a Couples Membership rather than Family Membership. If there are additional children over two, the Family Membership rule applies. For membership rates, refer to 2025 NSPT Fee Schedule.

L. Outstanding Fees/Dues/Other Financial Obligations: Any member or family member who has an outstanding financial obligation to NSPT and has not fulfilled that obligation, shall have their access to NSPT suspended until such time as the obligation has been satisfied. An obligation by any one member of a membership unit (family) suspends access to the entire membership unit.

Additionally, any HOA member who is delinquent in their Fees and/or Dues to the Sherwood Association shall have the membership unit access suspended until such time as the delinquency has been satisfied. This is in accordance with the Sherwood Association Declarations & Covenants.

M. Rule Acceptance: By completing and submitting an Application for Membership to NSPT, the member and their membership unit, is accepting and agreeing to abide by the Rules as stated on the NSPT website. Failure to do so shall result in the suspension of membership access to NSPT and forfeiture of membership fees paid.

2. Safety

- A. For your safety and the safety of your children, all members and their guests must check in upon arrival each day with lifeguard staff. The staff will maintain a list of active pool members and will verify membership at each visit.
- B. The Pool Manager, assistant managers, and lifeguards are in complete charge and will guard from one, two or three chairs provided at all times including the regular 10-minute rest period. Failure to obey direction from the Pool Manager, Assistant Manager, and/or Lifeguard(s) may result in removal from the Facility up to and including forfeiture of Facility access and fees.
- C. **The access gate to the drop-off drive will remain unlocked, as required by the Winston Salem Fire Inspector, and closed. It is NOT to be used to access the Pool grounds.**

This gate is not to be propped open in any manner.

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D. The following items/actions are prohibited:

- weapons (can result in a suspension of privileges or prosecution)
- vandalism or abuse of the property or equipment (can result in suspension of privileges or prosecution, and forfeiture of membership fees)
- glass or other breakable objects (can result in financial fees should management have to drain and refill the pool as a result of bringing and breaking glass at the pool)
- smoking in pool area
- smokeless products (including Juuls and vapes)
- pushing others into the water
- running
- towel snapping and “noodle” slapping
- foul language
- excessive horseplay and/or dunking
- littering
- chewing gum
- spitting
- indecent behavior
- standing or sitting on tables
- skateboards, roller blades, bicycles, etc. may not be used within pool or tennis court areas
- pets, other than service animals
- water polo

Violations of the rules will result in the suspension of NSPT access to the offender and their membership unit (Family). Monetary fines may be imposed, at the discretion of the SHOA Board, based on the damage done to NSPT property.

NOTE: Balls, Frisbees, rafts, water guns and squirt guns may be prohibited by pool management at very busy times; only **soft balls** are permitted in the pool area.

- E. Bathers must stay clear of the guard chairs. Communication with guards is to be kept to a minimum. Members are to refrain from distracting guards from their duties.
- F. All candy wrappers, drink cans, leftover food, etc. must be placed in the proper receptacles. During any rest period, or when deemed necessary by the guards, the pool area will be cleared by “litter bugs” before swimming will be continued. Members are encouraged to utilize the available recycling containers appropriately.
- G. All accidents must be reported to the lifeguards immediately.
- H. There shall be a 10-minute rest period each hour for all members 17 and under. Adult members 18 (and older), and non-swimming children under the age of 1 (accompanied by a responsible adult) may use the pool during the rest period.
- I. Children in the wading pool must be supervised by a responsible adult. **NO LIFEGUARD ON DUTY** (see Section #5: Wading Pool).
- J. Tables and umbrellas are not to be moved by members. Should a table/umbrella require repositioning, request assistance from the Lifeguards in the Guard Shack.

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3. Deep End Rules

- A. Only one person is permitted on the diving board and ladder at a time. Hanging, bouncing or swimming under the board is prohibited. **Please note:** at last guard change (half hour mark) the diving board **may** be closed to allow our swimmers to participate in the popular game of “Sharks/Minnows.” If less than 20 guests, guards may determine whether or not to close the deep end for games.
- B. Children under the age of 5, and non-proficient swimmers, are not allowed to use the diving board or swim in the deep end, unless a responsible adult is in the water supervising and assisting them.
- C. No diving from the sides or playing in the deep end while the board is open. Cartwheels, handstands, or hanging off the board are prohibited. Only one (1) bounce per dive. No floats allowed in the deep end.

4. Health

- A. Persons with skin eruptions, open sores, bandages, etc. are not permitted in the water.
- B. Should a lifeguard detect a swimmer becoming chilled or exhausted, it is his/her responsibility to attend to the swimmer by enforcing a responsible rest period.
- C. Bathing suits are the only attire to be worn in the pool. No cutoffs are allowed.
- D. Prior to entering the pool, a person should shower. Oil based tanning products are not permitted.
- E. **Children who are not potty trained must wear swim diapers.** Traditional cloth and disposable diapers are not allowed in the pools. This requirement applies to both the big pool and the wading pool.
- F. **Changing of diapers is not allowed on the pool deck, tables, loungers, or chairs. Changing tables are available in both the Women’s and Men’s restrooms. Please dispose of used diapers appropriately. Failure to follow these rules may result in removal from the Facility up to and including forfeiture of Facility access and fees.**
- G. Should a member have an incident that results in the closing of the Pool due to contamination, the member should report the incident immediately to the Lifeguards. Failure to do so shall result in the immediate revocation of the members and their membership unit (Family) access to NSPT and forfeiture of fees paid.

5. Wading Pool: NO LIFEGUARD ON DUTY

- A. The wading pool is for the use of children 5 years or younger. Children must always be supervised by a responsible adult inside the wading pool fenced area. Children older than 5 years are not allowed in the wading pool except when accompanying a younger sibling and a responsible adult.
- B. Applicable rules listed under “Pool Rules” must be observed in the wading pool also. These will be enforced.
- C. Toys and swimming aids (arm bands, life vests, water wings) will be permitted. Inflatable rafts will not be permitted in the wading pool.

6. Age Limit for Admission

- A. Children under age 10 will not be admitted to the pool unless accompanied and supervised by a responsible adult. This will be enforced.

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- B. Children between the ages of 10 and 12 will be admitted without an adult only when they have demonstrated swimming ability and appropriate conduct to the satisfaction of the lifeguards.

An appointment must be scheduled with the Manager or Assistant Manager on duty by the child's parent or guardian for the child to take a swimming test.

- **Swimming Test:** In order for a swimmer to be left unsupervised at the pool, the swimmer must pass a two-part swim test given by a lifeguard. The swimmer must be able to swim down and back in the swim lane without stopping or touching (the bottom, sides, or lane ropes). The swimmer must then be able to tread water for 30 seconds.

- C. Children between the ages of 10 and 12 and who have passed the swimming test may be left at the pool unsupervised for a maximum of four (4) consecutive hours each day. Children between the ages of 13 and 15 may be left at the pool unsupervised for a maximum of six (6) consecutive hours each day. This will be enforced.
- D. Lifeguards reserve the right to revoke the privilege of unsupervised children based on behavior.

7. Guests

NO GUESTS OR BABYSITTERS (NOT DESIGNATED AS "CAREGIVERS") WILL BE PERMITTED IF THE POOL IS OPERATING UNDER COVID-19 RESTRICTIONS.

- A. Members may bring in and out of town guests. All guests are charged per visit per day.
- B. Guest fees must be paid to the lifeguard at the gate at the time of check in. Guests are required to sign in with a member and sign a guest liability waiver, good for one season. For membership rates, refer to 2023 NSPT Fee Schedule.
- C. Babysitters and Caregivers will have all the responsibilities and privileges of members during their hours of employment. Babysitters and Caregivers will need to have completed a guest liability waiver.
- D. Members who employ Babysitters and/or Caregivers are responsible for the behaviors and actions of the same.
- E. A group of more than 10 guests is deemed a party. Contact the Pool to determine availability of space and tables. This will ensure a safe environment for all at the Pool.

8. Parties

NO PARTIES/GUESTS OR BABYSITTERS (NOT DESIGNATED AS "CAREGIVERS") WILL BE PERMITTED IF THE POOL IS OPERATING UNDER COVID-19 RESTRICTIONS.

- A. All parties must be held during the regular pool operating hours.
- B. All party requests must be submitted in writing to the Pool Manager at least one week in advance. The Pool Manager reserves the right to restrict the number of parties on any given day as well as the size of the party. A guest list must be submitted in advance with the application.

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- C. Guest fees apply to all non-members who attend the party. Adult supervision is mandatory for children's parties.
- D. Each guest also needs to complete a guest waiver (good for one season) to be submitted upon arrival.
- E. A reservation fee is required. For membership rates, refer to 2023 NSPT Fee Schedule. No more than two pool tables and their corresponding chairs (eight) may be reserved for parties; however, the host member may bring folding tables or chairs from home.
- F. The member making the reservation will be held responsible for any damage caused by a member of the party.
- G. The Pool staff may, **at their discretion**, limit the number of party participants and /or tables utilized.
- H. Parties not reserved in advance will be requested to leave. Multiple occurrences will result in the suspension of membership and forfeiture of membership fees.
- I. Pop-up canopies 10' x 10' or less are permitted. You must pre-arrange canopy space when reserving a party. Pop-up canopies are required to be secured to prevent blowing over or otherwise moving independently. NSPT does not provide material to prevent blowing over or otherwise moving independently, this is the Members responsibility.

9. Rules Changes

- A. Rules will be reviewed periodically by the Sherwood Homeowners Board of Directors, Pool Manager, and the Pool Committee for necessary changes. Any suggestions are welcomed and should be submitted in writing to the Pool Committee.
- B. All complaints regarding the operation of the pool should be addressed to the Sherwood Homeowners Board of Directors or their designee.
- C. No change to the existing rules may be made without the consent of the Sherwood Homeowners Board of Directors or their designee.

10. Pool Hours

- A. Pool operating hours will be set each year by the Pool Manager. Normal operating hours are 11:00am – 8:00pm daily. Days and hours are subject to change depending upon safety concerns and staffing issues.
- B. Swimming outside regular pool operating hours is prohibited, with the exception of Adult Swim and Swim Team activities.
- C. Pool hours may be changed by the Pool Manager or guard in charge due to inclement weather or emergency conditions. The pool will be cleared immediately after each incident of thunder and/or lightning and will remain clear for a minimum of 30 minutes following the last incident of thunder and/or lightning.
- D. The Pool Deck needs to be cleared immediately following the last whistle so that guards can clean and lock up for the evening. Additionally, cars parked in the gated areas will need to be moved to the gravel lot 10 minutes after the last whistle if members are planning to remain on property at the playground/tennis courts after the pool closes.
- E. **When the 2025-25 school year resumes, weekday hours and/or days may be restricted or eliminated, depending upon the availability of sufficient lifeguard staff. Notice of such a decision will be communicated via email and posting at the Pool.**

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11. Adult Swim Rules

- A. Adults (age 21 and over) are eligible to participate for a fee. For membership rates, refer to 2023 NSPT Fee Schedule. **A key will be issued by Pool staff on specific dates and times prior to the season. You will receive an email with the dates and times. This is subject to change with the installation of a new access system.**
- B. Hours for Adult Swim are 5:00 – 8:00 am, daily.
- C. There is **NO LIFEGUARD ON DUTY – SWIM AT YOUR OWN RISK.**
- D. No children or guests are allowed in the pool area during adult swim for any reason.
- E. The gate should be locked behind you.
- F. Non-adherence to all of the rules will result in the loss of privileges and forfeiture of your membership.
- G. At the end of the pool season, you do not return your gate key. The gate key fee is included in your membership. There is a charge for a replacement key should you lose yours.
- H. Adult Swim will begin once the Pool has received a positive inspection report. It will continue until the Pool Committee closes the Pool for the season. Notification will be sent to your email address of record for both dates.

12. Tennis/Pickleball Rules

- 1. The tennis and pickleball courts and recreation areas are under the supervision of the Pool Manager, Assistant Managers, and lifeguards.
- 2. Tennis and pickleball courts are reserved for tennis and pickleball players only. No other activity is allowed in the tennis and pickleball court area. Food and drink, other than water or sports drinks, are prohibited.
- 3. Only NSPTA or “Tennis/Pickleball Only” members and their guests are eligible to use the courts. A list of all members will be maintained in the pool office. If a member believes that non-members are using the court area, he/she should immediately report this to the Pool Manager and/or staff.
- 4. Tennis and Pickleball courts will be unavailable at specific days/times for lessons. These are posted hours for the Tennis Pro’s use.
- 5. Pets are not allowed. Littering is not allowed.
- 6. Tennis/Pickleball court vandalism or abuse will result in a suspension of privileges or prosecution.
- 7. Use of the practice board is allowed at any time, as long as not interfering with court use.
- 8. No roller blades, skateboards, bikes, scooters or other vehicles are allowed inside in the entrance gate at any time. Strollers and wheelchairs are permitted.
- 9. Be sure that the gate is securely fastened when you are finished using the court.
- 10. Non-adherence to all of the rules will result in the loss of privileges and forfeiture of your membership.
- 11. Members with court reservations have priority over those with no reservations.
- 12. **Tennis and Pickleball court usage is limited to the hours of daylight, i.e., dawn to dusk.**

(Revised 02/10/2025)